

According to Yale Medicine, adolescence, a period during which the brain is undergoing major changes, is an extremely poor time for young people to try the effects of marijuana. Cannabis use in adolescence has been reported to increase the risk of schizophrenia and appears to be associated with deficits such as memory and attention problems. Since cannabis is typically smoked, long-term use may harm the lungs.



**Marijuana**  
**is Natural**  
**& Legal!**  
**Some states**  
**so it can't**  
**be that**  
**harmful**



According to Yale Medicine, about 10% of people who begin smoking cannabis will become addicted, and 30% of current users meet the criteria for addiction. For someone to be considered addicted, he or she must meet at least two of the 11 criteria, which include an inability to reduce consumption, constant cravings, and relationship and social problems.



**Marijuana**  
**is Not**  
**addictive!**



Scan the QR code to learn more about Light and Unite Red Week 2025 and check out RISE Drug Free MKE's events and resources.



### Light and Unite Red Week 2025

**MYTH BUSTERS**

Debunking common misconceptions about:

**Marijuana**



### What is Light and Unite Red Week?

Each year, partners across Milwaukee County join forces for Light and Unite Red Week to promote community-wide substance use prevention education and is in alignment with National Drug and Alcohol Facts Week, from March 17-23.

### What is National Drug and Alcohol Facts Week?

National Drug and Alcohol Facts Week is an annual observance to inspire dialogue about the science of drug use and addiction among youth. It allows for students, educators, healthcare providers, and community partners to help address youth drug and alcohol use in communities and nationwide.

source: nida.nih.gov



Don't believe everything you hear at school or online. Curiosity around substance use is normal, but make sure you're getting your information from reliable sources. RISE Drug Free MKE is here for you with information and resources on alcohol, marijuana, commercial tobacco, nicotine, prescription medication, and other drugs.

Our MythBusters series of zines aims to debunk common misconceptions about alcohol and other drugs with facts and statistics that come from substance prevention professionals.