

More often than not, the reason you're feeling better is because of your medication! If you stop taking your medication, you may stop feeling better. You may go back to experiencing symptoms you had prior to your medication and have withdrawal symptoms at the same time. According to Mental Health America, it can even be dangerous to suddenly stop taking your medication.

People may have mixed feelings about being on a medication. Whether it's stigma or side effects that has you thinking about going off a prescribed medication, always talk to your doctor first.



You can stop taking prescription meds once you feel better



Prescription medication can be helpful, but just because a doctor prescribes them, doesn't make them automatically safe. Medications can have side effects and can be addictive. Misuse can still happen with a prescription so it's important to follow dosage instructions carefully, never share your medication, and ask your doctor about side effects and drug interactions.



prescription meds are safe! a doctor never shares a prescription with them



Scan the QR code to learn more about Light and Unite Red Week 2025 and check out RISE Drug Free MKE's events and resources.



Light and Unite Red Week 2025



Debunking common misconceptions about:

prescription meds




What is Light and Unite Red Week?

Each year, partners across Milwaukee County join forces for Light and Unite Red Week to promote community-wide substance use prevention education and is in alignment with National Drug and Alcohol Facts Week, from March 17-23.

What is National Drug and Alcohol Facts Week?

National Drug and Alcohol Facts Week is an annual observance to inspire dialogue about the science of drug use and addiction among youth. It allows for students, educators, healthcare providers, and community partners to help address youth drug and alcohol use in communities and nationwide.

source: nida.nih.gov



Don't believe everything you hear at school or online. Curiosity around substance use is normal, but make sure you're getting your information from reliable sources. RISE Drug Free MKE is here for you with information and resources on alcohol, marijuana, commercial tobacco, nicotine, prescription medication, and other drugs.

Our MythBusters series of zines aims to debunk common misconceptions about alcohol and other drugs with facts and statistics that come from substance prevention professionals.