

Light and Unite Red Week 2025

# MYTH BUSTERS

“Marijuana is natural and legal in some states so it can’t be that harmful.”

**Fact:** According to Yale Medicine, adolescence, a period during which the brain is undergoing major changes, is an extremely poor time for young people to try to effects of marijuana. Cannabis use in adolescence has been reported to increase the risk of schizophrenia and appears to be associated with deficits such as a memory and attention problems. Since cannabis is typically smoked, long-term use may harm the lungs.



  
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DRUG FREE MKE