

Light and Unite Red Week 2025

MYTH BUSTERS

“Prescription meds are safe if a doctor prescribes them.”

Fact: Prescription medication can be helpful, but just because a doctor prescribes them, doesn't make them automatically safe. Medications have side effects and can be addictive. Misuse can still happen with a prescription so it's important to follow dosage instructions carefully, never share your medication, and ask your doctor about side effects and drug interactions.




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