

Light and Unite Red Week 2025

MYTH BUSTERS

“Vaping is safer than
cigarettes.”

Fact: Vapes contain dangerous and toxic chemicals, some of which have unknown long-term effects. Vapes contain nicotine, which is highly addictive and harmful, affecting brain development in young users. Smoking in general can cause serious lung damage and the bottom is that vaping is not a safe alternative to cigarettes.




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DRUG FREE MKE